

Parent Code of Conduct

1. Make sure your student athlete understands that you love to watch them play regardless of results of the game.
2. Allow your child to embrace their role on the team without **any** input from you.
3. Allow your child to have one instructional voice at practice and games. A voice of encouragement is always welcome.
4. Emphasize commitment, work ethic, sacrifice and accountability over winning or losing
5. Celebrate team accomplishments. Never focus on other players shortcomings.
6. Control your emotions at games and events.
7. Give your child space and time after each contest. Talk about the game only if they so choose, or they behaved poorly.
8. Respect your student athlete's coaches. Communicate with them in a positive way and **encourage others to do the same**
9. ***Be a positive Role Model***



What can a parent do if the meeting with the coach did not provide a satisfactory resolution?

Call 541-676-9138 ext. 2521 and set up an appointment with the athletic director to discuss the situation.

H.H.S. Athletic Department Mission Statement

The Heppner High School athletic department staff will strive to create a positive culture within our teams by adhering to guiding principles that will develop student/athlete's as leaders, role models and ambassadors in our school, community and sporting arena.

Heppner Jr. - Sr.
High School

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Heppner Jr./Sr. High School

Home of the



M u s t a n g s !

Parent/Coach Communication

***A Winning
Combination !***

Athletic
Department



Parent/Coach Relationship

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefit to student-athletes. As parents, when your students become involved in our program, you have the right to understand what expectations are placed on your student-athlete. This begins with clear communication from the coach of your student-athlete's program.

Communication you should expect from your child's coach

1. Philosophy of the coach. Team Standards.
2. Locations and times of all practices and contests.
3. Specific team requirements, including fees, special equipment, off-season conditioning/practice, weekend activities, team dinners, etc.
4. Injury procedures for practices and contests.
6. Lettering and participant criteria.

Communication coaches expect from athletes/parents

1. Academic concerns- time management- family issues.
2. Notification of any illness or injury as soon as possible.
3. Concern about child's behavior

Appropriate concerns to discuss with coaches

1. The treatment of your student-athlete.
2. Ways to help your student-athlete improve.
3. Concern about your student-athlete's behavior.

It is difficult to accept your student-athlete not playing as much as you hope. Coaches are professional. They make decisions based on what they believe to be the best for all student-athletes involved.

Parents have to ask themselves if they can be a source of confidence and help build relationships on the team under the following circumstances.

When their child played well but the team lost.

When their child played poorly.

When their child played very little or not at all

As you have seen from the list above, certain things can and should be discussed with your student's coach. Other things, such as those on the following page, **must** be left to the discretion of the coach.

Issues not appropriate to discuss with coaches

1. Playing time or Team/s your child plays on.
2. Team strategy
3. Play calling
4. Other student-athletes

There are situations that may require a conference between the coach and player, or coach and parent. These conferences are encouraged as it is important that all parties involved have a clear understanding of the other person's position.

If you have a concern to discuss with a coach, follow this procedure

1. Call/email the coach to set up an appointment.
2. If the coach cannot be reached, call/email the athletic director. A meeting will be set up for you.
3. Please do not attempt to confront a coach before, during, or after a practice or contest. These can be emotional times for both the parent and coach. Meetings of this nature usually do not promote positive resolutions and as such we ask that all parties involved refrain from making contact with the coach/ coaching staff for a period of 24 hours.

